

CARLISLE COUNTY COMET 5K RUN & 5K WALK

Sponsor by Carlisle County Cross Country Team

WHEN: May 4, 2019 at 9:00 a.m.

Where: Carlisle County Fairgrounds (Bardwell, Ky)

Early Registration: is \$15.00 & Kids 5 & under \$10.00 **(Deadline April 26, 2019)**

T- SHIRT GUARANTEED TO EARLY REGISTRATION ONLY !!

Day of Race: \$15.00 & Kids 5 & under \$10.00 **(may not get a shirt)**

Registration: 8:00 a.m. on May 4, 2019

Awards: overall finisher in male & female, top three in each age divisions in both
5K run & 5K walk: 12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

All proceed go to help the Carlisle County Cross Country Team.

Which race will you do? _____Run, _____Walk.

Name_____

Address_____

City_____ State_____ Zip_____

Age day of race _____ male _____ female. (circle shirt size: YL, S, M, L, XL)

Make check payable to Carlisle County Cross Country

**Mail entry to XC/Carlisle County High School, 4557 State Route 1377, Bardwell,
Ky 42023-9803 (Questions call Coach Joey Elder 270-705-9326)**

I desire to participate in the Comet 5K run & walk. In consideration of being permitted in the race I, myself, & heirs, successors or assigns, hereby release & hold harmless Carlisle County School officials, agents, employees, volunteer organizers from any & all claims, demands, causes of actions or damages which may accrue out of my participation in the race, including damages, injury or death arising from negligence of the aforesaid parties. I, for myself, my heir, successors, & assigns, hereby assume any & all risks attendant to my participation in the race, & do not have any health reasons restricting me from participation in this race.

Signature _____ Date_____

In case of emergency, Contact Name _____ Phone_____