

**Indoor Triathlon Results  
March 7, 2020  
300 yard swim, 5 mile bike, 2 mile run**

**Overall Male Winner**

Matthew Pfau 29:47

**Overall Female Winner**

Carol Winter 38:46

**Male 19 and under**

1st Place Kyle Boehme 59:53

**Male 20-29**

1<sup>st</sup> Place Thomas Couvidat 33:50

2<sup>nd</sup> Place Adrian Smith 35:16

3<sup>rd</sup> Place Cory Bunger 50:01

**Male 30-39**

1<sup>st</sup> Place Matthew Kearney 39:56

2<sup>nd</sup> Place Moses Guerrero 1:00:26

**Male 40-49**

1<sup>st</sup> Place Blake Gerard 31:53

2<sup>nd</sup> Place Kent Meckfessel 36:48

3<sup>rd</sup> Place Jonathan Khourie 37:28

4<sup>th</sup> Place Pieter Tjaarda 41:29

5<sup>th</sup> Place John Earnhart 45:09

**Male 50-59**

1<sup>st</sup> Place Rob Bunger 36:15

**Male 60-over**

1<sup>st</sup> Place Rick Hetzel 46:35

**Female 19 and Under**

1<sup>st</sup> Place Katie Oswald 41:46

**Female 20-29**

1<sup>st</sup> Place Jessica Brandon 45:42

**Female 30-39**

1 <sup>st</sup> Place	Whitney O'Loughlin	42:32
2 <sup>nd</sup> Place	Rebecca Preston	46:27
3 <sup>rd</sup> Place	Heather Nickelson	49:12
4 <sup>th</sup> Place	Andrea Arnold	49:20
5 <sup>th</sup> Place	Beth Johnson	49:28
6 <sup>th</sup> Place	Anjoli Rashid	50:17
7 <sup>th</sup> Place	Theresa Brischle	57:02
8 <sup>th</sup> Place	Lesley Krome	1:01:02

**Female 40-49**

1 <sup>st</sup> Place	Sarah Thompson	44:33
2 <sup>nd</sup> Place	Alice McRoberts	48:57
3 <sup>rd</sup> Place	Mekesha Rhodes	52:32
4 <sup>th</sup> Place	April Bond	59:33

**Female 50-59**

1 <sup>st</sup> Place	Cay Gerlock	41:11
2 <sup>nd</sup> Place	Sandy Ross	49:48
3 <sup>rd</sup> Place	Roxane Magnus	52:19

**Female 60-Over**

1 <sup>st</sup> Place	Judith Hanschen	1:08:03
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**Team Division****Co-Ed Teams**

1 <sup>st</sup> Place	Molly Clark Michael Johnson	46:09
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**15<sup>th</sup> Annual Indoor Triathlon Individual Competitors  
Order of Finish**

Matthew Pfau	29:47
Blake Gerard	31:53
Thomas Couvidat	33:50
Adrian Smith	35:16
Rob Bunger	36:15
Kent Meckfessel	36:48
Jonathan Khourie	37:28
Carol Winter	38:46
Matthew Kearney	39:56
Cay Gerlock	41:11
Pieter Tjaarda	41:29
Katie Oswald	41:46
Whitney O'Loughlin	42:32
Sarah Thompson	44:33
John Earnhart	45:09
Jessica Brandon	45:42
Rebecca Preston	46:27
Rick Hetzel	46:35
Alice McRoberts	48:57
Heather Nickelson	49:12
Andrea Arnold	49:20
Beth Johnson	49:28
Sandy Ross	49:48
Cory Bunger	50:01
Anjoli Rashid	50:17
Roxane Magnus	52:19
Mekesha Rhodes	52:32
Theresa Brischle	57:02
April Bond	59:33
Kyle Boehme	59:53
Moses Guerrero	1:00:26
Lesley Krome	1:01:02
Judith Hanschen	1:08:03